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# **Biased Agonist Modulation** of Carvedilol & Metoprolol in β-arrestin pathway Luay Boulahouache\*1, Salvi Kumar\*2, Dr. Arfaxad Reyes Alcaraz, and Dr. Bradley McConnell

University of Houston College of Pharmacy, Houston, TX. United States of America

### ABSTRACT

Carvedilol and Metoprolol are first line medications to treat heart failure. Structural complementation assay based on NanoBiT technology was used in this work to monitor the pharmacology in real time of two typical drugs to treat heart failure. A higher antagonistic effect was observed in the case of carvedilol in  $\beta$ -arrestin recruitment as well as receptor internalization. We conclude that  $\beta$ -arrestin signaling might be a valid therapeutic approach to treat heart failure.



- About 6.5 million adults in the United States have congestive heart failure (CHF), the impaired ability of the heart to efficiently pump blood.
- Chronic β2-AR stimulation, which occurs in CHF, reduced contractility in due results to desensitization by  $\beta$ -arrestins of these receptors.
  - β2-AR is a G protein-coupled receptor (GPCRs), which has been successfully targeted by numerous therapeutics including drugs.
- Therapeutic Carvedilol drugs like and Metoprolol (known as  $\beta$ -blockers) are combined with ACE inhibitors to significantly reduce mortality, decrease sudden death, and improve symptoms in patients with HF.<sup>1</sup>
  - Carvedilol has shown to better reduce mortality rate relative to metoprolol.
  - The reason for such discrepancies may be explained via "biased agonist modulation."



# OBJECTIVE

Understand the  $\beta$ -arrestin signaling pathway between carvedilol and metoprolol.

The overall aim of this work is to accelerate drug discovery and drug development by better understanding the role of biased agonist signaling within current therapeutic drugs for CHF.

## **METHODS**

#### Study design / Inclusion

from the HEK293 cells were obtained American Type Culture Collection (ATCC, CRL-1573; Manassas, VA, USA) and were maintained in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% fetal bovine serum (FBS), 100 U/ml penicillin G, and 100 µg/ml streptomycin (Invitrogen; Carlsbad, CA, USA).

Transfection of the two constructs was made using Lipofectamine 2000 (Invitrogen).



Four different 2. plasmid Figure combinations ( $\beta$ 2AR and  $\beta$ -arrestin2) were screened, in order to select the one with the highest luminescent signal for further studies.

At 24 h post transfection, the medium was aspirated and replaced with 100 µl OPTIMEM, then 25µl substrate (furimazine) added and once every minute was subsequent luminescence measurements were taken for 10 min for signal stabilization. A total of 10 µL ligand was then added to each well and luminescence measurements were recorded immediately and once every minute for 1 h.



**Contact Information:** (1) Luay Boulahouache University of Houston Email: lboulahouache@uh.edu

(2) Salvi Kumar University of Houston Email: <u>skumar17@uh.edu</u>

\*: These co-first authors equally contributed to this study.



recruitment at β2AR in living cardiomyocytes.



Figure 4. Dose Response Curves of  $\beta$ -arrestin1/2 recruitment in the presence of different concentrations of antagonists. The antagonist was added first and incubated for 30min at 37°C and 5% CO<sub>2</sub>. Finally epinephrine was added, and luminescent signal was immediately recorded.

# CONCLUSIONS

Carvedilol has higher potency than Metoprolol, as shown by the effectiveness of Carvedilol from blocking  $\beta$ -arrestin signaling which indicates that Carvedilol has a higher affinity to β2AR. Carvedilol administers the same antagonistic effects at a lower dose than Metoprolol, which can reduce possible side effects due to high dosages. Further research of these two β-blockers regarding the selectivity of *β*-arrestin to Gs signaling should be compared and analyzed along with selectivity of  $\beta$ 1-AR compared to  $\beta$ 2-AR in  $\beta$ -

# References

Gheorghiade M, Colucci WS, Swedberg K. Beta-blockers in chronic heart failure. Circulation. 2003; 107: 1570–1575.

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