VIATICUM

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Viaticum

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Introduction

The poetry collection works to increase representation of a minimally represented identity and make meaningful contributions to the way this identity is discussed and analyzed. Throughout this project, poetry addresses specific concepts surrounding the transgender identity that impact an adolecent transgender man moving through transition. The collection addresses experiences of and reflections concerning transgender identity. For my manuscript, these concerns include masculinity within family structures, inheritance of masculinity, feeling trans-ness, and strategic essentialism¹. My practice is informed by and grounded in the personal experiences of transgender men, as well as by readings in queer theory, transgender studies, and queer and trans poetry that engage different aspects of being transgender. Queer theory and transgender studies have tended to focus on transgender women; the theorists I address include Sara Ahmed and Jay Prosser. To the extent that this collection addresses some ideas in these fields about transgender men, it promotes specifically addressing transgender men more often in theory.

The family element allows thinking through masculinity: how it is inherited and how that process shapes a transgender man's identity. The masculine figures in this family perpetuate various forms of masculinity. In subtle ways, masculinity is withheld from the transgender man by these family members. "I can't go to the men's bathroom, if your dad is also going." places this withholding in its most overt area, men's restrooms.

¹ Strategic essentialism means to simply explain an idea without nuance, so people unaware of that concept can quickly understand it.

The "I" of the poem recounts the various negative possibilities if the father "see[s]" him going to the men's room. By separating the physical character of the narrator into "you" and "I," the poem manufactures the fracturing of the transman being pushed out of his own identity. "Looking at My Father" conveys the uncomfortable inheritance of masculinity by moving through short images of similarities between the father and the "you" of the poem. These inheritances include "withhold[ing] operations and medication" and needing to "always [...] win" an argument. By switching from "my" in the title to "you" in the body, the poem distances the subject and father to illustrate the discomfort of the subject. Though inheritance is unavoidable, the transgender man also seeks other forms of masculinity that are more accessible to him. "Trans Pup" stands as a quick, loving poem. The poem ends like a love letter might, "XOXO," to convey the affection this subject warrants. The masculine subject, "bring[ing[attention to your erasure" or "offer[ing] cuddles," presents the possibilities of a masculinity apart from the father.

In "Queer Feelings" by Sara Ahmed, she asserts that one feels queerness by "the tiredness of making corrections and departures" (424). Ahmed demonstrates how compulsory heterosexuality forces a discomfort in the queer subject by consistently making the subject see the difference between the self and the norms. She explains that when one is aligned with the norms the person "[doesn't] tend to notice when one experiences [comfort]" (425). She uses comfort to deliberately illustrate the "ease" and the lack of distinction between "one's environment" and "one's body" (425). The

heterosexual subject does not need to see "the everydayness of compulsory heterosexuality" (424).

My writing applies this idea to gender identity, rather than sexuality. The transgender subject consistently feels being transgender by "corrections and departures," but they happen differently (424). Ahmed's body metaphor quickly becomes literal from the transgender lens. Instead of a verbal departure of having a boyfriend, not a girlfriend, the transgender subject might have a physical characteristic that does not align with the normative ideas of a gendered body. He corrects the space he enters or the hormones in majority inside his body. He corrects the relationships he has to people, for example shifting from a daughter to a son. Though the "corrections and departures" at times are verbal, often they are physical. My collection recreates some of those moments of departure. "STP" does this by presenting an aspect of a transman's identity that seeks to fulfill a "necessary" organ in the normative male gender. To address the weight of the discomfort, Ahmed points to specific "moments of ceremony (birth, marriage, death)" which are connected to compulsory heterosexuality (424). The feeling of trasngender identity is also connected to everyday things, like public restrooms, and ceremonious things, like birth.

Ahmed describes discomfort as possibly "experienced as bodily injury" (424). In Ahmed's theory, this could be taken as compounding stress of consistently defending oneself and resisting the norms. Within a transgender context, "bodily injury" becomes much more immediate. In my poetry, presenting as a man can cause or be construed as "bodily injury." "Treated with Testosterone" delves into the possibility of causing cardiac

issues through unchecked use of testosterone. A treatment, used to make secondary sexual characteristics align more with one's gender, reminds one of the innate perceived deficiencies. It also causes "bodily injury" in the injection and cardiac complications. A cisgender person producing their own hormones does not have this concern, therefore they do not have this moment of feeling their gender. As in this example, the transgender subject may be the only person noticing the deviations between the transgender suject and the normative gender. Due to the internalized piece of this, a transgender suject might feel their trans-ness the most not in the company of cisgender people, but alone.

Though *Second Skins* by Jay Prosser clearly and importantly argues for the necessity of sexual reassignment surgery, the book implements language and arguments that exclude certain transgender narratives from being part of the transgender identity. One of those arguments is the wrong body to right body formula of the trans narrative, which means that the pre-transition body is wrong and the post-transition body is right. This formula creates the idea that the initial self ceases to exist or dies when a transgender person transitions. This concept leads to a strain in parent-child relationships when a child comes out as transgender, insofar as the parent begins to mourn the child in the presence of the child. The formula forces negative affect into the transgender identity. If transition metaphorically kills the previous self, every transitioning transgender person innately comes with tragedy. In a poem titled "The Little Girl Dreams of Dying," Cameron Awkward-Rich continues the first line from the title saying this little girl "wakes up in a world where she does not / exist" (Awkward-Rich 1-2). Oliver Baez Bendorf writes a poem about his body as a haunted house, titled "My Body The Haunted

House" (Bendorf 19). The first line reveals "someone died in here," and this someone, a girl, keeps returning throughout the poem (Bendorf 1). This "girl died young / no funeral" confirming the pre-transition self, which remains within and haunting the body(Bendorf 3-4). These poems by transmen implement the wrong body to right body formula to illuminate certain aspects or feelings of being a transperson. Though these poems intimately convey the emotions within the poems, I want to demonstrate different aspects. To retain the initial self through transition, the poetry will recreate aspects of childhood with which the transman still identifies. "At the Gravel Road" does this by putting the reader into a childhood pastime, "searching for a rock." The poetry recounts the transition out of chronological order to disrupt the idea of moving from the wrong body to the right body as the sole transition narrative.

Prosser participates in common forms of strategic essentialism. I am most interested the amount of power Prosser gives the medical industry when saying sex reassignent surgery is a "rite of passage" for the identity (Prosser 89). This denies transgender people unable or uninterested in reassignment surgeries a connection to the transgender identity. By excluding sexual reassignment surgery from even being mentioned, the manuscript, entirely focused on a transman's experience, opens the identity. Instead of performing or even considering this "rite of passage [...] to become most fully transsexual," this transman, subverting the formulaic expectations, excludes even the thought of it.

Works Cited

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Awkward-Rich, Cameron. Sympathetic Little Monster. Ricochet Editions, 2016.

Bendorf, Oliver Baez. *Advantages of Being Evergreen*. Cleveland State University Poetry

Center, 2019.

Prosser, Jay. Second Skins: The Body Narratives of Transsexuality. Columbia University Press, 1998.

Pre-emptive Eulogy

Yolanda Saldívar in a car screaming, crying the scene trailing off into some other lost memory. I never realized she didn't die in that car.

She ends in solitary confinement, alone twenty-three hours every day. She's high risk.

I pass these squat brick buildings covered by dusty blue sky as I begin to think of how my parents will be gone; no one to trail

behind or beside. I am asleep as another car accelerates toward the passenger side. When I wake, I slip out stepping on pieces matching the tailspin.

I don't realize I caught my hand in a closing car door until I see this small, dripping trail.

My mom replies to my shouts for help with *stop whining*, *it won't kill you*. I stand still so I won't keep tracking blood, my crying failed.

I wonder whose eulogy my parents will give. Might still be Felicia, all her quirky girlhood failings. Dear Mom and Dad,

I am not ordinary per se.

I listen

as teachers discuss my difference.

Sit alone, listen.

Within the high cement wall

everyone giggles

through an active shooter

noticing I'm missing,

not seeing which box

I fit, boy or girl.

Yours always,

Special Populations

At the Gravel Road

I spend a child's version of hours searching for a rock in the unpaved road. I want one that fits into my hand like it has a purpose like I could push its button.

I never think of what this remote controls.

I bring a small, chalky rock to my grandmother hoping she loves me for it.

She writes my name across the piece that I miss.

She places it in a cabinet with glass doors next to dozens of plain rocks and decaying pictures of her family I never meet.

I return to the driveway walking toward the road.

The Importance of Naming

When he calls out Felicia, an old name, I'm pulled away from my body. I can only see the places that grew too much or not at all. When I hear Felicia I hear him saying, We're a heterosexual couple, but still queer. I hear of course you're a lesbian.

You and I sit in a creaky chair through a lecture on some ancient text. The lecturer gets worked up about the societal importance of naming a baby. He starts leaving off *in the book*...

He claims that names make a person, forgetting plasma or neurons.

We sit with your name our mom chose when she only saw you.

Therizinosaurus

I tried to quickly pass a fragile dead bird, but I realized this broken discolored eye was a toy.
I stopped.
A sort of raptor adorned with feathers carved into the body weathered to lack color.

It felt like I summoned this wreck; I had been thinking about my fading memory of dinosaurs, my fading desire to prove a boyhood by standards I disregard.

Felicia

tell dad
conspiracy theory time
they want my attention
highly contaminated

as long as you do drunk voice

constructing

an alibi

Standing outside that house

Trees dominate the yard, rupture the house along decided lines, dividing

bedrooms and running halls. A shitty house with a foundation that rolls a marble

to cracked walls. A broken doorbell that, after ten years, was never fixed. The wires slipped

out of place. A duct-taped window chills a room.

Too many holes in walls

to count or cover. Too many frames of decades old pictures that can't be corrected.

The TV, a steady stream of fodder available for intellectual debates with a father

that build into screaming and additional vodka. A constantly changing arrangement

of the living room closing distance between bodies

A flowered room boxes him inside your body, the only room without

a lock. In the middle of a hall lined with photos of the smiling faces of family that turn to the point of you at every holiday.

He'll climb the smallest tree, to feel as tall as he can here. He runs

into walls and furniture. He can't seem to fit the space.

Take him on drives, so he can sing along with someone that sees someone other than you.

List his features repeating

Lend me a ream to steal the teem of pleated flowers of faking coward; Sleep through Friday sunrise or concert asking for names, when body glasses fasten neutral appearance seen and sweep illusions from her mind and protrusions of a certain kind ruptured image at varied stage. The lift of minor to major key shift flows slick slip through pinhole.

When X looks into

your eyes a deep muck brown with dark gray circling irises.

Often I forget my name as I meet the handshake.
I worry genuinely.

I called myself Alex lied to anyone as I grinned with anxiety.

It's reflexive when your legal name refuses to attach.

I don't have a backstory down to give out to prove I am the person they constantly see.

Caitlin

Oh you're going

to stop

doing puns

quirky shit

takes away from the allure

good as a whole

less so

episode by

episode

Lessen

No one questions

butch lesbian walking the Dyke March but

I stand just a little bit off in

this visible link connecting

code still not

quite in line. Community

of radical inclusion taught me what

I have of queer knowledge relenting

care that comes through asking permissions to hug

I can't regrow

those queer beginnings into FTM. Though

I learned

the language still slip into soft

butch accent retaining certain gait.

Cait

a little weird taboo
latchkey ish
kind- faced journalism
pink cheap cross
not innocent enough
prevent larger
& larger actions

Please Don't Break That

I pull my knees together, lean toward the window in the backseat. The teen on my right exhales vaporized nicotine. The pen moves through the car in awkward turns. The thirty minute drive doesn't get through one full song.

The car parks near a bar. During the walk, our group loses the three underage members.

The bouncer passes the two men in front of me for their visible facial hair.

I have to show my learner's permit with your name and my face. Still reticent, he bends the card, turns it over in his hands.

We find the underage members dancing inside. They knew a backdoor entrance.

Daphne

I grew
up with a weird kid
being beaten with a remote
control. Why not dispose
of the body?

still have a real good horror story

By the Fourth Day

I had no patience for anything except some sort of explanation. I couldn't think of any answer though. I didn't even have the letter I sent with my mom. There was no longer any proof of who I was. My certainty disappeared with that letter. It could've been angrily balled-up or cast aside like a joke or forgotten like an unpaid bill that racks up fees. He never saw me any differently because he could not want to. He couldn't start now to respect me. He barely knew my name no matter how many years I lived under his roof, under his debates. under his love. He still knew everything for no reason, so he must have realized that he knew better than I did or possibly could.

Needle Every Week

Spilling from hard red containers, from sandwich kits, from tackle box ocean night glimmering, sitting on makeshift nightstand.

Labs bookend memory.

Soundtrack collecting alcohol pads blue orange grey rotate.

Outsource T growing thick blood.

It's been a long time, I guess.

Name 1

small foreign faction

never pans out as a brag

all guilty

careening through the window

it's a boy

on the other end

wind down with luminol

TBD

dying in a weird way
we're broken people
inaccurate and messy person
here's my terrible tattoo
I think I
should read this to you
you want to guess at this
becoming dead

Transfixed

By the TV, I can't tell what's playing.
Thoughts fall over how to ask for a name that doesn't feel like addressing someone else.

A soft glimmering tree plants itself on the edge of a scattered room. This tree, taking four weeks of urging to buy, marks the time my mom tries to address my father's family's homophobia so I'm not the only one.

I ask about my mom's cousin, Stella, who changed her name to better match her Latina identity. Her favorite cousin. Stella took her to her first gay bar.

I encourage myself remembering my mom read the book I used to come out, This is a Book for Parents of Gay Kids, learned the basics, asked questions, spread resources for queer kids.

She apologized after forcing me to say I was lesbian, after no response, after silently sitting, averting.

She drove, with crumpled red bull cans, all night to make a Tegan and Sara concert. We stood in line alone together for hours laughing about "The Top 5 Sheet Masks to Wear After Crying About Your Gender" and Elena Alvarez.

Now, I try to ask as seriously as nerves allow about getting a new name.

The walls and ceiling amble toward us, a trapping comfort. *After I'm dead*, she chuckles out. I start creating a list: off-limit topics gerbils my own queerness the silliness of men's soccer my own comfort

After every defense she made between my father's family and my queerness, I didn't actually expect the woman who wears a shirt reading everyone is gay to dismiss me again.

She hides in her room. After locking the door, tears fall, she talks to God, she begs for her baby girl.

She could grow to love her daughter performing butch dyke, still had the perfect number of one son and one daughter. I can't go to the men's bathroom, if your dad is also going.

I wait,
make sure he
can no longer see either
bathroom.
For hours
won't push his look
into verbalization.

If I go
stand at the urinal,
maybe he would laugh
ask loudly how
I'd manage a urinal.
Maybe he would just leave
thinking I've perverted his daughter
a faggot putting his expensive
hand-held recorder
in so much danger,
following his footsteps too closely,
too far.

Maybe he wouldn't even see me.

You turn apologetically go to the women's room.
I follow you shrinking.
I feel the strange looks though none are directed toward you.

Owen

bind him

hold pack

no performance

gasping therapy

peculiar figure

take coat

into custody

Working in Transition

We stood on this rock floor surrounding a fire pit. He offered me some Wendy's fries. I asked him if he ever felt like nothing could push or pull him from his family. My mom still misgenders me, but she's my mom.

I've been looking for this for years, for someone to confirm that you don't just leave familia even when they don't see a piece of you.

She still brags about me, still holds me. I see my grandma stutter through this foreign name, KEYgen. She calls me, mija still, My mom corrects her, then mijo.

My mom suggests *You'll be the one to abandon the family.*

I keep walking the empty sidewalk, light grey speckled with glimmers of feldspar or churt, maybe ordinary quartz anything catching my attention. Pass a worn yellow sign.

I wouldn't be surprised.

But I am still choosing them when I, holding his hand dangling from the top bunk, am on my way out to a dance with people carrying scars perpendicular to the one lining my chest.

Alex

everyone could be gay lip sync tie a tie

no instruction

down to my

Catholic shame

blesséd all

area

Revisions

Blade forcing hair from my legs and face, gliding with only laziness slowing it. Heels clicking to deliver confidence, a woman who doesn't brake at restroom signs trying, deciding quickly the safest place, not pausing to drop her head to prepare.

I want to be the person in a family that isn't the one they might see yearly.

I want to miss the way my father looks at his friend calling me it as he's corrected on my name. He's looking for some other daughter.

I Don't Know Why I Love Him

His, my mom corrects my father.

Keagan's, he continues. My mom misses this purposeful difference. He uses

Keagan like it's a rebellious

nickname I'll grow out of.

She confirms my appointment,

A yearly gift that hopes

to keep the blue from my lips.

My father refuses my pronouns as he remembers the kid he held as staples were removed from the chest. He tries so hard to connect that baby, with dark jagged stitches half the length of her body, to *Keagan*. He supports what he knows is his child, and ignores what confuses his image of it.

 \sim

Every meaningful debate about politics pushes me away from him, like the people that lose their appetite when they sit near us at a restaurant. They stare, as I question my father's support of a ballot including electrocuting the gay away, to try to remind us of the lack of privacy, but I am no longer phased by strangers looking at me like a glitch. I am always

being reminded of my indecency.

~

We both sit through a drive to Texas Children's that gets quieter each year, the only lasting tradition of my childhood.

Each appointment, we pass this wooden sculpture of a giraffe that stalks through my memories. We forget the right floor, never checking the map. He uses hand sanitizer stations in every hallway. I try to recall the medication I take twice daily, and his nerves talk over me. I regret seeing little kids playing in the waiting room, knowing their first memory might be just like mine, working to disappear into a corner as a nurse walks over to take labs.

We leave after hours of waiting and testing, and celebrate my 89% oxygen levels with Chick-fil-a.

O'Neal

curate this fucking network that's my dad's

favorite scene

just gossip it away

god damn goon lead people away from themselves

Sophomore Year

I never miss a Monday.

Dinosaur bandaids boost my confidence
as a drop of blood replaces the point of a needle.
I smell alcohol when I listen to Elton John.
I should have sang a different song with him
as he sped down the highway towards Galveston.
His body reflects what I can't have.
I'll fish for any affirmation he won't think I need.
I am abandoning my family
in a different way than my mother expected.

I have to know the most efficient route,

the one with the fewest people. I try not to walk with others on campus, it's a necessity after dark when friends sit on cramped benches walk into the lighted water fountain.

I fall into shallow water took a wrong step on tractionless bottom.

Miss his hand saving me.

He thinks it'd be fun to leave the pebbled bridge for a quick, careless dip.

The first time someone doesn't hesitate to use my pronouns is at a cooking, metal table in the afternoon. She wears glasses that belonged in a 90's sci-fi.

He smiles at me like I have passed some test worth hanging on the fridge. I should be grateful.

With purple spirit shirts, I think I'd be safe, but haven't seen the questions up close asking how dating works, if Keagan is my given name. if anyone supports me. if I should actually be here. if I'm sure I'm okay. then pulling me into public hugs.

Keagan

I guess I blacked out edit that out!

looking for a new lawyer

worn ties

like a child's christmas art project

It's no nighty night

Don't Forget

Monday: I am reminded of the biological you, the way you produce a hormone that I combat with alcohol, testosterone, needles, dinosaur bandaids.

Tuesday: I get called your name, Felicia.

Wednesday: your chest needs to be bound, to be controlled, to be hurt, as it hurts me.

Thursday: I am told that I can't sit *that way* with a dick. You fail me with nothing in these pants. I can't measure up.

Friday: I shave the fuzz you have on your face. A man walks by with A full beard. Did you see him?

Saturday: she her you ma'am miss Lady, *you could be so pretty* if you got rid of me.

Sunday: you start church in a pink and purple plaid shirt that constricts my breathing your dad thinks you look nice. I have left everyone's mind.

Keagan Miguel Wheat Guerra

he didn't get rid of

basic

shape

venn diagram

real specific

he's just a little girl

Is that the right use of that word?

Looking at my Father

Right as you get comfortable sitting, you notice your ankles crossed, tucked underneath your chair.

You remember how to properly build muscle lifting weights, though you haven't worked out in eight years.

You see his tie, the only one you'd wear, searching good will for what could have been gifted.

You begin to tell your mom about a new show you started, which she's already watched thanks to him.

You tell your bestfriend you don't care about your birthday in his voice and watch the same look your mom gave him roll over your friend's face.

You hear him as you leave your bed, trying not to let coughing turn to vomiting.

No matter the argument or the reason for the argument you always have to win.

As you walk down the wood-floored hall, you hear him tromping in your every step.

You see yourself as he decides to withhold operations and medications, so no one worries over you.

You feel his mannerisms as you fall into any accent or dialect depending on your crowd.

Time and again you find yourself inhabiting his self-pitying victimhood.

You feel him push a drink into your hand in the bars you frequent reliving a childhood tradition.

TSA

I get stopped every time I go through airport security. I am a red flag. You and I don't go together, but stand in the monitor at the same time. They try to make sense of us in a moment, but it never quite works out.

Wait here, they address you.

There's something wrong, they speak of me.

First she checks your hands that are too small. She wants to know whether or not you have drugs. Really, she is following procedure. When someone this ambiguous walks through the line, that person faces many steps.

Is this your bag? an agent calls across the group of people to me near another agent starting to pat me down. My bag, with me in it, makes someone else search me as they search you. It's awful to witness yourself get pat down.

The agent searching you invites another woman to see the oddity to pat you down in a place that I forget exists. But now it exists in front of everyone. These women need you to go to a room off to the side, because they don't feel comfortable with this body in front of them. I have never been such a problem to warrant being taken to this room. I didn't even know where the private search room was until now. Until I had to walk into this frosted-glass showcase with two strangers that thought my body wasn't the way it should've been. I am trapped inside your body.

STP

My package ships discreetly with a reminder in the small box to wash it every day. My disenthralling package showing others what's necessary, kept secret, a lucid dream.

I don't want to explain structure.

Too many questions trying to reach beneath and see *phallic phase still smaller* to find the moment I fell into perversity or Structure Envy that gives them relief saying we see it can be avoided.

A-Camp

Black jeans clinging to legs
Bratty bottom pulling a thin tie, forcing
choking top to lean over plastic table
Cracking voice won't embarrass
Figuring out flag for cuddles or making out
Giving into classic grey left for the sake of
Keeping an outfit together and failing wifi
Pitching through "Say my Name"
She traces my cheeks with an index finger
Two tops moving hips without a lead
Varsity jacket bulks arms
Vanessa caught hand then waist
Vial of body glitter shimmers sliver on a necklace
XOXO, an odd matching

He Deserves It

After my mom's constant corrections, he began to tote around my new name like something that warranted giving him a shining trophy dedicated to his amazing ability to respect his child. He ran

through gendered words like they didn't rust his grand trophy. He would /correct/ his usage of incorrect pronouns with my new name, as if that was the solution to the problem direct refusal to see my changes as anything but a nickname.

He gave me
a list of chores to make /himself/
feel better. He never asked
about my "new" self.
He needed a new church
that would accept his outcast more
than he could.

He /informed/ me that telling his parents wouldn't be worth it. He didn't stop short of saying that this new 'thing' would cause them too much stress.

He couldn't acknowledge any of the new doctors I had to see or the new people I had to /worry/ about or the new language /he refused/ to learn. He didn't know this new stranger, so he /didn't think/ to ask.

He had one son and one daughter; I wasn't part of that family. I wasn't the one that would go to church with them or go to lunch with them or go on family vacations with them or stand quietly in the picture as they urged, *Smile, Cait*.

Treated with Testosterone

I.

My hair slumps to the right curling over my glasses

Hairline falling back

a couple centimeters

after ten months

stretches circular face

The excess fat slowly sloughs off my cheeks beginning to become angles I swore to my mom were always there

My box shape straightens further As fat moves from pelvis to just below ribs

Peach fuzz morphs into sharp fuzz, soft beard

Voice lowering into throat into my chest No longer needing phlegm or tobacco To feel vibrations scratching Throughout my body II.

Do you use oxygen usually, at least at night?

Do you get out of breath walking?

The doctor's tone corners me into failure as though my body should be on suicidewatch.

Hemoglobin/Hematocrit levels are insane.

19.6/58.3

She'd recommend phlebotomy, the appropriate word for blood-letting, but she's unsure my body is able.

She gives long pauses whenever I need to respond, listening for a death rattle.

She is completely fine with stopping T.

III.

Testosterone therapy is not well-studied or fully understood.

Some of the reversible effects are permanent.

None of the permanent effects are reversible.

Your dad keeps asking if you have a sore throat, direct result or significantly worsened by testosterone usage.

He has yet to identify you.

Don't mention the following effects on fertility to your mother already mourning her daughter.

You understand that hormone therapy is just another reason to have more healthcare screening tests than others of your age, major birth defects are not new to me.

Trans Pup

Walks in *crop top jersey and nerf football*. He makes himself laugh *(very loudly)*, giddy around his *big soft cuddly family*. Offers cuddling like a glass of water, we need it more than we take it. He recognizes tears about to run and brings attention to your erasure. He bounds through *reclaimed boyhood*, *in every conceivable way*, becoming any friend's *Your Biggest Fan*.

XOXO

Wheat 52

Helpful Tools for Raising a Trans Kid

Donald Trump holds a rainbow flag (Chip Somodevilla/Getty Images)

"LGBT Rights Group Claims Virginia Middle School Left Transgender Student Alone During Active Shooter Drill" Avery Anapol

"Revised Treatment of Transgender EmploymentDiscrimination Claims Under Title VII Civil Rights Act of 1964" The Attorney General Jeffery Sessions

"After Texas Suit, Trump Administration Reverses Prison Policies Protecting Transgender Inmates" Lauren McGaughy

Dear [insert new name when you pick one],

You have so many questions that won't come to you until it's too late. The internet will teach you so much more than this.

You do not need a new name immediately or new pronouns or new hair or new clothes or certainty. These things do not just fall into your head the first time you question your gender. The people that really respect you will understand this with a little time maybe.

Feelings move you so far back. Say you're okay even when you aren't. It's too tiring to explain yourself all the time. Sure, it isn't always the best thing for your mental health, but you can't always think about that.

When you first start trying to pass, you won't. Everyday will be difficult. Here's a list of things that will keep you safe:

-be aware of strange looks -Men's deodorant -be aware of people following you -Men's shampoo -be aware of being alone -Men's razors

-be aware of your family's ideals -Men's shoes with thick soles

-be aware of who knows -Men's haircut

Passing isn't necessary; gender is subjective. Though some days, you will want nothing else. On those days, write your name on everything, listen to the people that live as themselves, dress like you need to feel real.

Forget gender sometimes, but some days use every single product annoyingly marketed for MEN. So you know that you shave your face and have buttons on the right side and use the right deodorant and shampoo and wear the right jeans and t shirts.

You need to start collecting a chosen family. This family will range from your mom to your best friend that lives as himself to another best friend that would sleep on a couch for you. You might even have to include a transguy from YouTube that you'll never meet, but teaches you all the things you'll want to know about your new life.

Never slow your transition for the benefit of another, especially, if it will hurt you. You deserve to feel like yourself. You need to be ready for people to do this. It will hurt to hit every legal, medical, and social barrier, but the ones erected by your family will always burn.

You probably don't know for sure. You might never know for sure.

Learn from people living your life and the people fighting for you. Embrace the new subculture you belong to, because you belong. You have a new group of people that understand so many odd little things about you that barely made sense to you. You can still walk alongside the Dyke March.

You will have days when you see yourself in the mirror and you don't feel a thing. You will not pick apart any incorrect features. It won't seem like a picture imposed on you.

Looking forward, Keagan Wheat

P.S. No matter how much you hate yourself and how far removed you want to feel, I always and already love you.

Notes

"Felicia," "Caitlin," "Cait," "Daphne," "Name 1," "TBD," "Owen," "Alex," "O'Neal," "Keagan," and "Keagan Miguel Wheat Guerra" use quotes from *My Favorite Murder* to create found poems.

The poem "List his features repeating" uses "Sonnet XII: On Leaving Some Friends at an Hour" by John Keats as an inspiration.